

Did you know?

- There are more than 400 youth, 13 - 21 in Eastern Ontario who could benefit from residential treatment *today*.
- For youth under the age of 16, the nearest residential treatment facility is in Thunder Bay.
- One in six Ontario high school students reports symptoms of drug use. 9,000 of them are in Ottawa!
- Young people typically begin to experiment with alcohol at age 12 and illicit drugs at 14.
- Addiction is a health issue that affects individuals and families from all socio-economic sectors of our community.

We are here for you!

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Office Hours: 9:00 - 4:30 weekdays.

A Message from The Executive Director

As we welcome enhanced sunshine and warmer temperatures, the DSYTC is moving forward with two very exciting initiatives: *organizational integration* and *residential expansion*. In March 2010, the LHIN Board of Directors approved our application to integrate with Alwood Treatment Centre (a 14-bed residential treatment facility in Carleton Place). This partnership will create economies of scale that will permit us to provide the level and quality of treatment care our clients require, desire and deserve. Our residential expansion and related integration will roll out in two phases. The first phase, to formalize around June of this year, will entail the DSYTC operating 3 sites: Bronson Avenue (current outpatient DSYTC site), Carp (new residential site - for 10 females, 13-21 years of age) and Carleton Place (current residential Alwood site - for 14 males, 13-21 years of age). Once sufficient capital funds have been raised (target 2013-2014), all 3 programs will then be centralized in a brand new facility, also likely to be situated in Carp, and will result in an increased residential bed count to 30+. We are very pleased with progress to date given the complexity of the undertaking and feel incredibly privileged to be leading this important initiative for our community. We thank you for your continued support and invite you to stay tuned for subsequent updates.

Warmest regards,



Mike Beuchesne



In THEIR WORDS....

The Mirror

I'm always, so deep down, everything is invisible,
there is no possibility of seeing what is out there,
outside this void of darkness.
with paralyzing fear of the endless climb up,
and exhausted from the fall
it just seems pointless to attempt this all again.
Searching within for anything, but it seems there is only one way out.
one way to end this from ever happening again,
I step forward to go over the final edge,
viciously searching about this hole,
I really don't want this....
that's when it appears...a saving grace
walking towards the light I'm expecting to see
the white horse I always rode out before or the
white night that used to catch me when I
started to fall in the first place.

as I gain on it, every cell in my body freezes
A glowing mirror stands there.
How will I get out of this meek piece of glass?
I step up to it ready to shatter every last piece of it with my anger.
Just like this joke shattered my glimpse of hope at getting out of this darkness alive.
Just as I thrust towards it, I am instantly brought to a halt.
My whole world, full of cold, terrifying, blackness was spiraling out of sight.
I felt warm energy blanket my interior
Because standing there in the mirror, was my savior.
The only person that could turn on the lights and find the warmth for me, standing there, in the glowing mirror, *was me*.

A.C. Feb 2010



*Insightful, Inspiring,
Heartfelt, Humbling...*

We thank the youth who allow us a glimpse into their world.

"Day Program has helped me immensely with my drug use. I am working on a goal of abstinence and I have learned to achieve healthy relationships and boundaries. I enjoy receiving education on drugs and the support of others in my situation. I have learned and gained so much from this program. I appreciate the programs and support from this Centre."

W.P. Day Program Client

The organizers of Dave's Ultimate Auction proudly announce...



The 1st Annual "Salute To A Dreamer"

A Gala Evening in Honour of

DAVE SMITH

September 30th at the Westin Hotel

Join us for the premiere of this annual gala event as we share wonderful stories, great food & fabulous company.

Tickets and sponsorship opportunities are now available.

To make your reservations or request additional information please contact: Carolyn Piché at 594-8333 ext: 107 or email carolyn.p@davesmithcentre.org.

**Bidding Farewell to Dave's Ultimate Auction
As we prepare our Salute To A Dreamer!**

Dave Smith has swung his gavel and charmed bidders at Dave's Ultimate Auction for nine years. Event organizers decided that in celebration of Dave's dream of residential treatment for youth becoming reality, the auction would be transformed into an annual gala event reflecting the values of our beloved Founder, Dave Smith.

Each year "Salute To A Dreamer" will celebrate outstanding individuals who, like Dave, dream big & make the impossible happen.

Dave's Dream

When Dave Smith opened a Youth Treatment Centre on Bronson in 1993, it was the beginning of a very big dream. For 17 years hundreds of success stories were celebrated there, but Dave knew that to some youth, residential treatment was essential if they were to achieve a healthier life.

True to his nature, Dave held on to his dream. This June the Dave Smith Youth Treatment Centre will integrate with Alwood Treatment Centre and offer residential treatment for youth (13-21) in Ottawa under the Dave Smith umbrella. **Congratulations Dave!**

Coming Soon

Watch for our new website scheduled to launch in April 2010! More information, resources, community supports and residential program updates! www.davesmithcentre.org

SPONSORS, DONORS & FRIENDS ...

You are essential to our success & your support is greatly appreciated!

Proceeds from the **Maharaja's Ball** totalled over \$15,000. It was a thrilling night for the 600 guests who experienced the splendor and spices of the Maharaja's palaces at the Westin Hotel on October 3rd, 2009.

Thank you to all who made the holiday season a happy one by contributing over \$5,000 to the **2009 Holiday Campaign**.

Our good friends at **ENCON** also sent lots of smiles our way in December. Each of the youth at the Centre received a stocking filled with goodies to help them celebrate the holidays. *Thank you ENCON!*

Skate the Distance: On February 18th, 2010 Speed Skater (Rotarian) Jake Maarse took to the Rideau Canal to skate an impressive 110 km and raised over \$2,000. *Thank you Jake!*



In February, **Urbandale Construction** announced that the Dave Smith Youth Treatment Centre was one of over 20 charities that would benefit from their Foundation of Giving as a part of their 30th Anniversary Celebration. *Thank you & Happy Anniversary Urbandale!*

Do you want to know how you can support the Centre?

Contact: Carolyn Piché at 613-594-8333 x107 or carolyn.p@davesmithcentre.org.



I want to offer my support today with this gift of \$ _____!

Method of Payment

Visa

Cheque made payable to "Dave Smith Youth Treatment Centre"

MasterCard

American Express

Credit Card # _____

Signature: _____

Expiry Date: ____/____/____

Please correct my contact information: _____

I prefer to receive the newsletter by email at: _____

Please remove me from your mailing list.